

INITIAL PFT TEST ADVISEMENT AND WAIVER

Alaska State Parks, in recognizing the importance of physical fitness for success as a State Park Ranger in on-the-job performance, has established physical fitness entrance standards that must be met in order to be considered for hire by Alaska State parks.

YOU SHOULD NOT TAKE THIS TEST IF YOU HAVE ANY RESERVATIONS ABOUT YOUR FITNESS LEVEL. IF YOU HAVE ANY CONCERNS ABOUT YOUR ABILITY TO COMPLETE THE TEST, YOU SHOULD DISCUSS YOUR CONCERNS WITH YOUR PHYSICIAN.

Every effort has been made by the State of Alaska to ensure that test requirements are reasonable and safe, with a MINIMUM RISK to the applicant.

Be advised that your honesty in regard to these scores will be evaluated later and that a second PFT will be required in the final testing phase of the hiring process.

I waive and release any and all rights, liabilities, claims or damages against the Department of Natural Resources or its employees or agents, which may result from injury during or as result of participating in taking the Physical Fitness Test.

MY SIGNATURE INDICATES THAT I HAVE READ THIS AND THAT I UNDERSTAND THIS ADVISEMENT FORM.

Applicant Signature

Date Signed

Applicant Printed Name

Witness Signature

Date Signed

Witness Printed Name

Role: Relative Friend Proctor

Other: _____