

# Stand Up Paddleboard

## REQUIREMENT SUMMARY CARD

### REQUIREMENTS

- There must be one U.S. Coast Guard–approved life jacket for each person on board. The life jackets must be in serviceable condition, approved for the activity, and worn in accordance with the label and owner’s manual. Persons under the age of 13 must wear a life jacket when on a paddleboard.
- Boats less than 39.4 feet (12 meters) in length, including stand up paddleboards, must be able to make an efficient sound signal (such as that made with a whistle or horn) to signal intentions and to signal position in periods of reduced visibility.
- A white navigation light (i.e., flashlight, headlamp) is required between sunset and sunrise and when visibility is restricted.



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## RECOMMENDATIONS

- Consider attaching a leash to ankle or calf.
- Carry an emergency communication device on your person in a waterproof bag or case.
- File a detailed float plan and leave it with a trusted friend. Visit: [PledgeToLive.org](https://pledgetolive.org)
- Sign up for local paddle classes or workshops.
- Visit: [PledgeToLive.org](https://pledgetolive.org) for more information.



[AlaskaBoatingSafety.org](https://AlaskaBoatingSafety.org)