

A Farm to School teaching project at the Iditarod Area  
School District

# MOBILE HYDROPONICS

## An Educational Cornucopia



“What you do today can improve all your  
tomorrows.

-Ralph Martson



# Introduction

CTE Instructor: Christopher “Matt” Shelborne

Goals:

- using hydroponic construction to develop employability skills
- using hydroponic construction to develop career skills
- learn how hydroponics can be a sustainable system for farmers in areas with poor soil, but ample water; or to help farmers in extremely arid environments conserve water and achieve sustainability.
- applied mathematics in real world setting
- promote student interest in the continued exploration of a healthy diet through ownership of an agricultural project
- certification in a nationally recognized training program

# Opportunity and Desire

- 1. National Center for Construction Education's core curriculum.**
- 2. Employability instruction**
- 3. Creating individual ownership of educational goals and career direction**
  - 1. Community service projects**

# ABOUT NCCER

NCCER is a not-for-profit 501(c)(3) education foundation created in 1996 as The National Center for Construction Education and Research. It was developed with the support of more than 125 construction CEOs and various association and academic leaders who united to revolutionize training for the construction industry. Sharing the common goal of developing a safe and productive workforce, these companies created a standardized training and credentialing program for the industry. This progressive program has evolved into curricula for more than 70 craft areas and a complete series of more than 70 assessments offered in over 4,000 NCCER-accredited training and assessment locations across the United States.

NCCER develops standardized construction and maintenance curricula and assessments with portable credentials. These credentials are tracked through NCCER's registry that allows organizations and companies to track the qualifications of their craft professionals and/or check the qualifications of possible new hires. NCCER's registry also assists craft professionals by maintaining their records in a secure database.

NCCER's workforce development process of accreditation, instructor certification, standardized curriculum, registry, assessment and certification is a key component in the industry's workforce development efforts. NCCER also drives multiple initiatives to enhance career development and recruitment efforts for the industry.

(from [nccer.org](http://nccer.org))

# NCCER CERTIFICATION

## **How do I offer NCCER training or assessments at my organization?**

To offer NCCER training or assessments at your organization, you must become an Accredited Sponsor. You can download and review the [NCCER Accreditation Guidelines](#), or read the [Accreditation Process FAQ](#) for more information.

If you are a school or educational organization, you must be connected with an Accredited Sponsor in the construction and maintenance industry and become an Accredited Training Educational Facility (ATEF). Please download and review the [NCCER ATEF Guidelines](#) for more information. If you do not have an industry partner that is an NCCER Accredited Sponsor, please [contact NCCER](#) and ask for our Workforce Development department at 888.622.3720.

(from [nccer.org](http://nccer.org))

# Pros and Cons of Hydroponics

- Increased harvests due to efficient process
- Dramatic decrease in evaporation as water can be circulated out of contact with sun.
- No wasted water from runoff
- Dramatically reduced pesticides, as most pests are soil bound
- No weeds, so no herbicides are needed
- No pollution from waste water run-off
- No need to “work the soil” or create farmable soil
- Nutrient rich water can be recycled or released to use on soil based crops
- Space is maximized, and can be stacked
- Plants can be grown year round, indoors or outdoors
- Substrate is reusable and can be made from recycled materials
- Clean water is needed
- Equipment and facility maintenance
- Poorly monitored organic fertilized systems can harbor salmonella
- Some American staple crops are a poor choice; including potatoes and carrots.
- Harvested cropland cannot be turned over to grazing
- Initial expense can be higher than soil
- In most hydroponic forms, a substrate is needed
- All plants on the system are subject to the same failures due to environmental variance being minimal.

# Summer Garden in Interior Alaska



Outdoor gardens grow great in Alaska. However, they may not be readily available as teachable resources year round.

(Shelborne family garden, McGrath)

# Science, Arts, and Mathematics

## Science and Technology

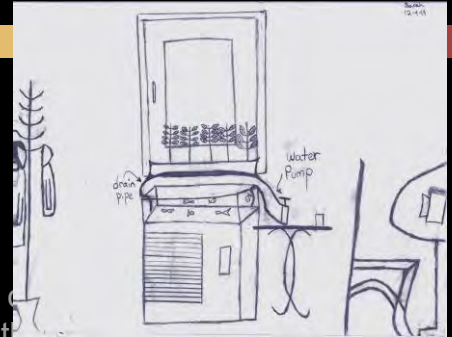
discriminate between responsible and irresponsible uses of technology  
test organic hydroponic food versus store bought for pesticides, disease, and contaminants  
charting, graphing, scientific process

## Arts and Vocational Education

developing self employment/ employment opportunities  
learn about a wide variety of materials, gfi's, etc  
design systems specific to their home, business, or school  
design systems to increase the aesthetic value of their home, kitchen, etc

## Mathematics

using fractions  
reading a tape measure  
calculating cost  
calculating materials  
projecting cost/materials  
students use applied math daily while during the CTE portion.  
ratios are used to maintain the systems nutrients and ph  
students will balance fiscal limits to practical needs, both individualized and on the world scale  
students will use mathematics in daily life  
students will use mathematics in other curriculum areas





# Social, Cultural, and Personal Health

## Social Studies and History

competition and partnerships: natural resources  
geography and technology  
project feed the world, origins and effects of  
philanthropy, internationalism, and food aid  
human relationships within the geographic theme of  
climate  
non-renewable resources wasted by transporting

## Cultural Awareness and Appreciation

subsistence patterns  
developing social and labor roles  
anticipate the nutritional changes that occur when  
cultural systems come into contact with another  
comparing traditional nutrition

## Social and Physical Health

gathering data through all the senses  
participating in lifetime activities  
finding humor  
thinking interdependently  
remaining open to continuous learning  
students share ideas about how to improve their designs  
and how to share and expand their successes



Early Aztec Hydroponics

# Skill Building



- I. Skills Building (calculation, assembly)
  - a. Building (principles, assembly)
  - b. 3-4-5 (applied knowledge)
  - c. Validating traditional education
  
- II. Using Diverse Methods
  - a. Plywood, Fiberglass Epoxy, Flooring Resin (use, safety)
  - b. Expandable glues
  - c. Carriage bolts (back drilling)
  - d. Dados
  
- III. Soft Skills
  - a. Team work
  - b. The reward of seeing a job through
  - c. Work is fun
  
- IV. Site and Self Improvement
  - a. Using construction to benefit others
  - b. Building a sense of ownership
  - c. Promoting leadership roles
  - d. Building confidence as valued community members



During cuts, students use a “pit-boss” style system to ensure that all safety protocols are followed.



Throughout the project, students learn to trust and rely on one another’s contributions to advance group goals.

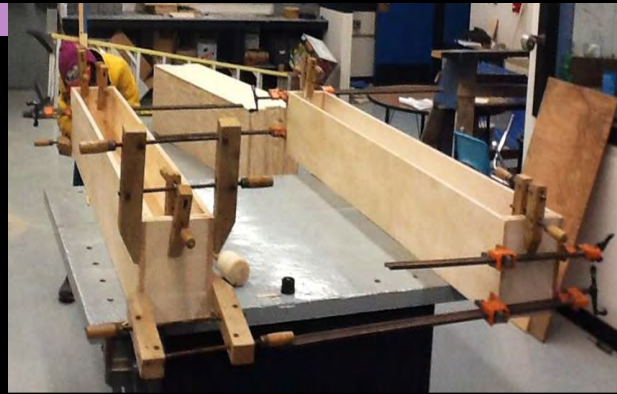
# Demonstrating Skill



Students learn to use tools correctly and to value precision. The project introduces students to important trades skills and a variety of processes.



# What Ownership Means



# Taking on Water

Using Fiberglass to Waterproof



supply (top)

return (bottom)

# Community Outreach



**KSKO 870 am**  
*"Radio for the Western Interior"*

Use whatever means you have to get the word out about your program. Build support for Farm to School programs and ask you representatives to continue supporting your children by providing Alaska Grown educational opportunities.





# A Mobile Hydroponics System



Hydroponics systems can be made from countless designs, using a wide variety of new and recycled materials. Some projects are more expensive, or require more expertise than others. Select the project that best fulfills your educational goals. Hydrofarming is an educational cornucopia. Have fun and enjoy your Farm to School project!



This project was made possible by a Farm to School grant.

# Basic Resources to Get You Started

[akjacks.com](http://akjacks.com)

[farnorthgardensupply.com](http://farnorthgardensupply.com)

[sbsalaska.com](http://sbsalaska.com)

[foodaid.org](http://foodaid.org)

[nccer.org](http://nccer.org)

[feedtheworld.org](http://feedtheworld.org)

[wfp.org](http://wfp.org) (UN World Feed Program)

[simplyhydro.com](http://simplyhydro.com)



<https://www.youtube.com/watch?v=LhWud4a5Aj8> (how to make anything waterproof with fiberglass)

[iditarodsd.org](http://iditarodsd.org) (mobile hydroponic plans)