## LOCAL FOOD HERO CROWN

Spring Creek Farm has one of the most stateof the art Greenhouses in Alaska!

Fresh produce from local farms like Spring Creek Farm packs a nutrition punch nutrition isn't lost in the long shipping times.

The salad turnips from SCF can (and should) be eaten like popcorn, they are so delicious.

Spring Creek Farm was a dairy farm run by the late Louise Kellogg. She donated the farm to Alaska Pacific University. It is now in its sixth year as a vegetable CSA. The farm has had only female principle farmers for over sixty years!

Our veggies are great fresh, frozen, canned, baked, sautéed and stewed! Try them in

Spenard Farmer's Market

your favorite dish or straight from the soil! Spring Creek Farm is home to a graduate program (APU's MSOEE), a homeschool supplement program (Louise's Farm School) and our 35 member CSA. We also sell at the "It is incredible to share my passion for growing delicious nutritious foods with the community!" -Amanda Hull-Spring Creek Farm manager

