

THE 4TH ANNUAL

# HARVEST MOON LOCAL FOOD FESTIVAL

August 12-18, 2016



**OPENING NIGHT KEYNOTE** Food Systems Literacy:  
Key to Thinking Beyond Our Plates  
**MELINDA HEMMELGARN**  
*Award-Winning Dietitian, Writer, Speaker & Nationally Syndicated Radio Host*  
Friday, August 12, 6:30 -8:00 pm at the Soldotna Library



## demonstration WILD FOOD WORKSHOPS at the Dena'ina Wellness Center

Saturday Aug 13 10:30 am-12:30 pm <b>Kids Wholesome Berry Jam</b> <i>with Ally Bril and the Kids of Ionia</i>	also Saturday, 1-3 pm <b>Delightful Dandelion Dishes for Kids</b> <i>with Tia Holley from the Dena'ina Wellness Center</i>	Monday, Aug 15 6-7:30 pm <b>Wild Plant Ferments</b> <i>with Connor Eller from Ionia</i>	Tuesday, Aug 16 6-7:30 pm <b>Preserving Salmon Safely and Well</b> <i>with Linda Tannehill from UAF Cooperative</i>	Wednesday, Aug 17, 1-4 pm <b>Indigenous Harvest</b> <i>with honored guest Kathy Brewster</i>
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## WILD EDIBLES HUNT

with Dr. George Spady of Alaska Boreal Herbs  
meet at milepost 7, Funny River Road, on Sunday, August 14, 1 pm



## special fabulous FARM TO TABLE SUPPER with live music!

LIMITED SPACE: \$50 TO RESERVE YOUR PLACE AT THE TABLE  
purchase tickets at The Flats Bistro, Where It's At!, or [www.eventbrite.com](http://www.eventbrite.com) Soldotna farm to table  
Sunday, August 14, 5 pm hosted by Where It's At! in The Market, Soldotna

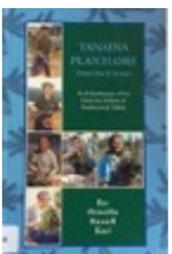


## LOCAL BERRY WALK

led by UAF Cooperative Extension  
meet at Kenai Peninsula Food Bank on Monday, August 15, 2-4 pm



## TALKS & SLIDESHOWS



Tuesday, August 16, 1-4 pm  
**Plantlore Wisdom from the Dena'ina People**  
with featured guest speaker  
**PRISCILLA RUSSELL**  
Kenaitze Dena'ina Wellness Center

Wednesday, August 17, 6-7:30 pm  
**Ancient, Modern & Future Worlds of Food**  
with Phiya Kushi of Ionia  
Kenaitze Dena'ina Wellness Center

Thursday, August 18, 5:30 pm  
**Beautiful, Bountiful Alaskan Sea Vegetables**  
with IONIA  
Soldotna Library



## FAMILY FARM TOURS

at Ridgeway Farms and Jackson Gardens on Thursday, Aug 18, 2 & 4 pm  
for directions and details, see: [www.kenailocalfood.org](http://www.kenailocalfood.org)



## look for HARVEST MOON SPECIALS & DISPLAYS at

Kenai Library, River City Books, Mykels, One Crazy Cupcake, Odie's Cafe, The Flats Bistro, Totally Radish, Fine Thyme Cafe, and Where It's At!

ORGANIZED BY:

AND GENEROUSLY SPONSORED BY:



for detailed program see  
[www.kenailocalfood.org](http://www.kenailocalfood.org)