

Name: _____

Kids Don't Float

Cold Water Survival Quiz

Please circle the **best** answer

1. What is an example of a safe behavior when boating?
 - a. Reaching overboard for an object.
 - b. Riding on the bow of the boat.
 - c. Seating everyone on the same side.
 - d. Sitting and keeping the boat balanced.
2. During the first stage of cold water immersion (cold shock response), how does a life jacket help you survive?
 - a. Keeps your head above water, creating an airway.
 - b. Deploys a mayday call upon initial immersion.
 - c. Reduces tingling in your fingers and toes.
 - d. Slows the heat loss from your head.
3. What is one thing you should do within the first ten minutes of cold water immersion?
 - a. Make a plan to get out of the cold water.
 - b. File a float plan.
 - c. Kick off boots and shed bulky clothing.
 - d. Divide the group and swim in different directions.
4. How long does it take before an average person's core temperature begins to drop when in cold water?
 - a. Five minutes
 - b. Ten minutes
 - c. Thirty minutes
 - d. Fifty minutes
5. What is one thing that would make a life jacket non-serviceable?
 - a. Broken buckle
 - b. It's an ugly color
 - c. It's too small
 - d. It has a zipper
6. Alaska law requires that a person under what age must wear a U.S. Coast Guard approved life jacket when in an open boat or on the deck of a boat?
 - a. 11
 - b. 12
 - c. 13
 - d. 14

7. How do you know if a life jacket is U.S. Coast Guard approved?
 - a. Is bright orange and has reflective tape.
 - b. Has a U.S. Coast Guard approval number on the label.
 - c. Fits properly in the water.
 - d. Floats a person on his/her back.

8. How can you test to ensure a life jacket properly fits?
 - a. Bend over and touch your toes.
 - b. Fill the pockets with survival gear.
 - c. All the adjustment straps are loose.
 - d. Is snug and comfortable.

9. You are going waterskiing, which life jacket would you choose?
 - a.
 - b.
 - c.
 - d.



10. What is the best life jacket?
 - a. One you wear
 - b. Most expensive one
 - c. Your favorite color
 - d. Newest one

11. What was the most important thing you learned today?

12. Will you wear a life jacket in an open boat or on the deck of a boat?

